



# LINDENOW PRIMARY SCHOOL & WOODGLEN CAMPUS

140 Henry Street, Lindenow 3865

Telephone 5157 1340 Mobile 0419 133 136

10th November 2022

NEWSLETTER NO. 34

## Principal's Message—Term 4, Week 6

### 150th BOOK LAUNCH—Saturday 19th November at Lindenow Hall from 10.30am

It is less than two weeks until our book launch to acknowledge 150 years of history at Lindenow Primary School. It is a fantastic read and copies will be available to purchase on the day for \$30 (eftpos available, but cash preferred). There will be an official launch and finger food. Keep an eye on our Facebook page!

### 2023 GRADE STRUCTURE

Planning is well and truly under way for 2023. The following grade structure will be in place next year; Prep, two 1/2 classes, two 3/4 classes and three 5/6 classes. This will keep classrooms under 20 students which will maximise teaching and learning.

\*Staffing for these classes will be announced in the coming weeks!\*

### TRANSITIONS

It is that time of year again where 2023 transitions are underway. We have Prep transitions beginning November 16 and multiple Year 7 visits throughout November. Both of these activities are integral to a positive start to 2023.

### STUDENT-FREE DAY—Friday 11th November

Don't forget, Friday will be a student-free day. We have organised a whole-school professional development day with mathematics guru, Michael Minas. He will be leading all staff in how to differentiate open-ended maths activities that will improve all students mathematical ability.

### HEALTHY EATING, HEALTHY BRAIN

I can't stress enough how important it is for our students to be eating healthier. This enables them to focus and learn at a higher level. The amount of students we hear saying they have had 'fruit loops' or 'iced coffee' for breakfast is alarming. Students arriving at school eating lollies before 9.00am is not good enough for your child's health or learning.

Mr Cairns

### JOKE OF THE WEEK.....

**What did the tornado say to the sports car?**

**Want to go for a spin?!?!**

## EVENTS CALENDAR

### NOVEMBER

Friday 11th—STUDENT FREE DAY: Teachers Maths PD  
Wednesday 16th—Regional Cricket  
Wednesday 16th 23rd & 30th—Prep Transitions  
Friday 18th—Jump Rope for Heart—Wear Red  
Saturday 19th—Lindenow PS 150th Book Launch  
Tuesday 29th—Nagle Orientation Day

### DECEMBER

Tuesday 6th—BSC Orientation Day  
Friday 16th—Last day of School—No early Finish

**How exciting all finished  
Ready to enjoy**



**Woodglen Playgroup  
Christmas Celebration**

**When:** Friday 2<sup>nd</sup> December

**Time:** 4pm onwards

**Shared Pizza Dinner**

Please contact Katie to discuss what ingredients you can bring to share for pizzas.

Katie: 0427836274 or [woodglenplaygroup@hotmail.com](mailto:woodglenplaygroup@hotmail.com)

Christmas craft activities will be available for kids to do (and big kids alike). Feel free to bring along Christmas activities for kids to participate in. School aged children most welcome to attend. Come along and join in celebrating Woodglen Playgroup!

### **WOODGLEN PLAYGROUP**

Playgroup at the Woodglen Campus is held on the dates below from 9.30-11.30am.

If you have time please bring a plate to share, but no stress as there is always plenty. Remember....if you know of others in the local area who would be interested please let them know about our little playgroup. Kind Regards, Katie

E-mail [woodglenplaygroup@hotmail.com](mailto:woodglenplaygroup@hotmail.com) or text 0427836274

#### **Playgroup Dates 2022**

Monday November 14th 9.30-11.30

December 2nd, 4pm onwards

Christmas break up session. Crafts and pizzas for dinner.



**Jump Rope for Heart has started!**

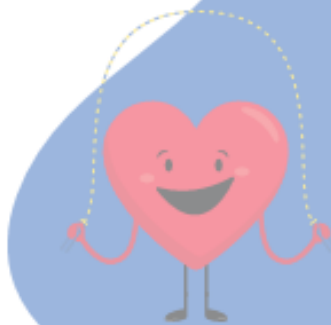
Jump Rope for Heart is the Heart Foundation's primary school skipping challenge that helps kids move more, have fun and raise funds for lifesaving research and programs.

This year is the 40<sup>th</sup> year of Jump Rope for Heart! To celebrate this milestone, we've got an audacious goal to see our student Heart Heroes at Lindenow to log 40 hours of skipping throughout the program!

[Register your child online](https://www.jumprope.org.au/parents), so they can receive the full benefits of the program and participate in online fundraising, simply follow the link below to get started.  
[www.jumprope.org.au/parents](https://www.jumprope.org.au/parents)

Students will be encouraged to skip during recess, lunch and at home. You can share their online fundraising page with family and friends to help raise money for this great cause. We will hold our school Jump Off Day on later in the term on the 18<sup>th</sup> of November, this will mark the end of the program and is a chance for everyone to come together to skip and show off their skills.

Thank you for supporting the Jump Rope for Heart program!





### Open Invitation – Lawn Bowling

In recent years Lindenow Primary School students have been enjoying the experience of competitive and non-competitive lawn bowls tournaments for Grades 4-6 students.

This year, the opportunity for after school bowls sessions have become available for all LPS students in Term Four.

These sessions will be aimed at training opportunities for Grade 4/5 students that would like to compete in Term One of 2023, however all students are welcome to come and enjoy game that can be played by all ages.

All sessions will be on a Wednesday afternoon from 4:00pm – 5:00pm. Students will walk across from the school to the Lindenow Bowls Club with Amanda Stewart and Mr Collins.

The first session will be held on **Wednesday the 9<sup>th</sup> of November** and continue until the 7<sup>th</sup> of December. If any student from any grade at Lindenow Primary School would like to be involved in this fun after school activity, please notify the office of the days your child might like to attend. Look forward to seeing LPS students getting out and enjoying a friendly game of Lawn Bowls!

Mr Collins & Amanda Stewart.



2018



2019



2021



2022



# Community Notices.....



## JOIN THE PARKRUN FAMILY

**WALK, JOG, RUN, VOLUNTEER**  
or simply come and watch - it's up to you!

### FRIENDLY, ENJOYABLE 5K EVENTS

Every Saturday morning

### FUN FOR ALL THE FAMILY

Prams and dogs can take part

### IMPROVE HEALTH & FITNESS

Be active in the open air

### DEVELOP NEW SKILLS

Opportunities to volunteer

### FREE & EASY TO TAKE PART

No need for special equipment or clothing

### YOU DON'T HAVE TO RUN

Volunteering is a great way to get involved

### BE PART OF A COMMUNITY

Make new friends and socialise

### BUILD CONFIDENCE

Track progress and achieve new goals

Register at [parkrun.com.au](http://parkrun.com.au)

notes



#BAIRNSDALEPARKRUN

[www.parkrun.com.au/bairnsdale](http://www.parkrun.com.au/bairnsdale)



## LINDENOW PRIMARY SCHOOL 1120



## - Book Launch - Celebrating 150 Years

To commemorate this occasion we have published a book highlighting the history of Lindenow PS with a collection of stories, interesting anecdotes and memories from past students, teachers, staff etc. with a connection to LPS.

This community event is open to everyone. It will be a fantastic day with speeches, and a few stories from the past and the book will be available for purchase.

**Saturday, November 19th, 2022**

**10.30am**

**Lindenow Public Hall**



**Early Help Family Services is here to support you and your family in your community and be available where you live, work, learn and play.**

Early Help is available to parents/caregivers and families with children from birth to 18 years.

Early Help can provide;

- Individual support for families and caregivers
- Safe and confidential parenting groups
- Connection to peer support groups
- Support, information and referrals to help with parenting, child/adolescent behaviour, housing, family problems, mental health and disability

## "GETTING THE RIGHT SUPPORT EARLY CAN MAKE ALL THE DIFFERENCE"

Want to know more? Please speak with your Early Help Family Worker or speak with a staff member who can refer you to the Early Help Family worker.

Early Help Family Worker

Contact

Email

Location



**JPSD**  
JAN PIANTA SCHOOL OF DANCE

Enrolments for 2023  
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[dance1@exemail.com.au](mailto:dance1@exemail.com.au)  
Facebook / Instagram

# Join the JOEY RANGERS

Join Scouts Victoria and Parks Victoria for a combined Scouts and Junior Ranger program for 5-7 year olds at Bairnsdale Scout Group.

Enrol today for this four day program, to learn valuable life skills, foster independence, and experience Scouting at Bairnsdale Scout Group.

Activities will include bird watching, creating bird boxes, water bug discovery and more!

**The cost is free!**

The program will run from December 6-9, 4:30-5:30pm.

Applications close on November 29.

Visit [scoutsvictoria.com.au/joeey-rangers](http://scoutsvictoria.com.au/joeey-rangers) to join.



## PARENTS BUILDING SOLUTIONS

For parents, step-parents, grandparents, families and carers of children aged 3 - 18 years. Come join online for interactive parenting sessions. Share ideas and feel supported. Free for all.

**ARE YOU TIRED OF YELLING?**  
How to get kids to listen, without having to yell

**DEALING WITH ANGER**  
Helping parents and kids deal with anger and frustration

**RESPONDING TO BEHAVIOUR**  
Understand why children behave the way they do

**STRATEGIES THAT WORK**  
How can parenting be easier and more fun!

**DAY:** Tuesday  
**TIME:** 1pm - 2.30pm  
**WHEN:** November 15, 22, 29 2022  
**WHERE:** Online - FREE

**Register:** Via the QR code or link

**INQUIRES:**  
Michelle Brown 0420174150  
[Michelle.Brown@anglicarevic.org.au](mailto:Michelle.Brown@anglicarevic.org.au)  
<https://forms.office.com/r/WFG8NEXMT1>



PARENTZONE

[anglicarevic.org.au](http://anglicarevic.org.au)

BETTER TOMORROWS

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